PROPOSAL

Program Officer National Service Scheme Unit Sonopant Dandekar College Palghar

To The Principal, Sonopant Dandekar College, Palghar

Sub: Request to send NSS volunteers to participate in Acting Training Camp on October 09, 2018.

Respected Sir,

The NSS Unit of the college is planning to send NSS volunteers to participate in_a One Day Acting Training Camp on October 09, 2018 in P.L. Shroff Commerce College, Chinchani, Taluka- Dahanu, District-Palghar.

We request you to kindly allow us to send the volunteers for the event.

Thank you.

Yours Sincerely,

Program Officer

Date: 03/10/2018

NOTICE

National Service Scheme (NSS)

ACTING TRAINING WORKSHOP

All the NSS volunteers are hereby informed that the "One Day Acting Training Workshop" is organized on 09th October 2018 at P.L. Shroff Commerce College, Chinchani, Taluka- Dahanu, District-Palghar.

NSS volunteers from the college NSS unit interested in visiting may contact NSS Program Officer Prof. Vivek Kudu for further details.

Contact Number: 9049530415

Last date to submit names is 06th October 2018.

NSS Program Officers

Save

Dr. Kiran J.

Principal

OBJECTIVES

- 1. The primary objective of the acting training camp is to develop the acting skills of NSS volunteers.
- 2. Another objective is to improve volunteers' communication skills. Acting requires effective verbal and non-verbal communication, which can be applied not only on stage but also in everyday interactions and public speaking engagements.
- 3. Through the exploration of different acting techniques and styles, the camp seeks to enrich volunteers' cultural experiences.
- 4. Acting often involves working closely with others as part of a cast or ensemble.
 - 5. Acting provides a creative outlet for volunteers to express themselves and explore different emotions, characters, and narratives.
- 5. The camp encourages participants to tap into their creativity and imagination, fostering self-expression and artistic development.
- 6. Engaging in acting exercises and performances can be a form of stress relief and relaxation for volunteers.

OUTCOMES

- 1. Following the camp, NSS volunteers demonstrate enhanced acting abilities, including better control over voice and body, improved expression, and increased confidence in performing on stage.
- 2. Volunteers develop stronger communication skills, both verbal and non-verbal, which they can apply in various personal and professional contexts, including public speaking, presentations, and interpersonal interactions.
- 3. Participation in the camp boosts volunteers' self-confidence and self-esteem, empowering them to take on new challenges and pursue their goals with greater assurance.
- 4. Volunteers gain a deeper understanding of different theatrical traditions and cultural practices through exposure to diverse acting techniques and styles, fostering cultural appreciation and sensitivity.
- 5. Participants experience a greater sense of fulfillment and satisfaction through creative expression, as they explore different characters, emotions, and narratives during the camp.

CERTIFICATES





REPORT

Mr. Tanmay Dnyaneshwar Patil, Ms. Divya Vinod Jhagjhap, Ms. Jidnya Dashrath More, and Ms. Jaya Dhodi, volunteers of the National Service Scheme (NSS) from our college, actively participated in a one-day acting moment workshop held on October 9, 2018, at P.L. Commerce College, Chinchani. The workshop, conducted by Prof. Jagdish Sansare, focused on solo acting and aimed to enhance participants' skills in theatrical expression and performance.

The one-day acting moment workshop provided participants with a platform to explore various aspects of solo acting, including body language, voice modulation, expression, and stage presence. Through interactive sessions and practical exercises, participants gained insights into the art of storytelling and character portrayal, thereby honing their acting abilities.

The volunteers showed a remarkable improvement in their acting skills throughout the workshop. They diligently practiced various techniques taught by Prof. Jagdish Sansare and applied them in solo acting exercises with dedication.

Through guided practice and constructive feedback from the facilitator, the volunteers gained confidence in their acting abilities. They exhibited increased self-assurance and comfort on stage, which is essential for effective solo performances. Their enthusiasm, dedication, and willingness to learn contribute positively to their overall development as individuals and as NSS volunteers.